

Session 2

Self evaluation questions

1. In order to prepare for receiving a child, a foster family should:
 - a. It is enough to prepare the room and practical arrangements for the newcomer
 - b. Make practical preparations and make mental preparations for how to help the child become included in the family
 - c. The foster parents should avoid involving other people (various family members, etc.) in the preparation because it could become too confusing with too many different points of views
 - d. The foster parents should call experts to support them in informing friends about their choice. Only experts know what to do in detail and how to do it correctly

2. What can be important to do within the family before receiving a child?
 - a. Involve all members of the family and good family friends, or people important to the family life. Discuss with them to understand the values in the family
 - b. Everything will come out easily and naturally, so there is no need to prepare
 - c. A one hour discussion within the family will be more than enough
 - d. Plan activities that will occupy the child as much as possible during the first few days

3. In relating with people outside the family, the foster parent should:
 - a. Tell them about the decision of becoming a foster family only if they ask. The less people that knows, the better
 - b. Try to use any social occasion for bringing up the subject of the decision to become a foster family, explaining why you came to that decision, and sharing your happiness of the choice
 - c. People whom are not very close to the family should not be told about your decision
 - d. Public authorities will be responsible for communicating your decision to society

4. Preparing a list of people in your network:
 - a. Can be dangerous because you should be the only one responsible for the task of being a foster parent and you cannot involve others for further support
 - b. Is an opportunity to identify the people who have negative attitudes towards your new role as foster parents, in order for you to avoid them in the future

- c. Can be useful because it provides you with the opportunity to identify the people who have a positive attitude towards your decision to become foster parents. These people can be used as a resource to help you
- d. Means considering the people of the public administration involved in the process of becoming foster parents. They should be considered the only external network for possible support

5. If there are people with negative attitudes towards foster care or with prejudice against foster children:

- a. It could be better to avoid any kind of further contact with them
- b. Strongly arguing will make them understand that you are right about your choice
- c. Do not start a conflict. Just listen to them or say that you understand, and that this may change when they meet the child
- d. You should not worry about them, if you do not think of them, they will never be able to influence your situation or your child's well-being