

## Session 4

# Self evaluation questions

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1. Babies activate attachment behaviour because:
  - a. They die if they are not looked after by a caregiver
  - b. They want to be centre of attention
  - c. They are spoilt
  - d. They get bored
  
2. The exploration system activates:
  - a. Only if the child is given a secure base
  - b. Only if the child was not given a secure base
  - c. Randomly
  - d. Only when the child develops unbalanced attachment behaviours
  
3. Attachment behaviour is developed by:
  - a. All animals
  - b. All mammals
  - c. Humans, only
  - d. No animals
  
4. Foster parents should teach the child separation:
  - a. Gradually, by leaving for a while, then returning, teaching the child that he/she is there anyway
  - b. By suddenly leaving the child alone
  - c. Only when the child is old enough
  - d. By replacing him/herself with a different caregiver
  
5. When babies experience healthy attachment behaviour, they tend to:
  - a. Be happy when the caregiver leaves
  - b. Panic and become desperate and hopeless when the caregiver leaves
  - c. Become sad when the caregiver leaves, but only for a while
  - d. Show no reaction when the caregiver leaves