

## Session 5

# Self evaluation questions

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1. The function of creating a natural rhythm of activities during the day is carried out by:
  - a. Relation work
  - b. Practical activities and pauses in a flexible structure
  - c. Educational activities aimed at developing psychological skills
  - d. Leisure activities
  
2. Showing clear facial expressions and speaking with emotional variation in their voices is typical of:
  - a. Caregiving provided to children with psychological problems
  - b. Secure caregiving
  - c. Caregiving provided to foreign children
  - d. All of the above
  
3. Why are foster parents the most important people in the life of children in the foster care system?
  - a. Without them the children could not eat, drink, be clean and dressed
  - b. Without them the child would not be able to become educated
  - c. Children learn from them how to become a social person
  - d. Children learn from them how to communicate and express themselves
  
4. Being accessible for the child when the child needs the caregiver is characteristic of:
  - a. Practical activities in caregiving
  - b. Secure caregiving
  - c. Caregivers who take care of children within the foster care system
  - d. None of the above
  
5. What are Attachment Patterns?
  - a. Ways in which children cope with separation and stress from their caregivers
  - b. Ways in which children build relationships with other children
  - c. Ways in which children manifest their feelings
  - d. Ways in which children build relationships with adults