Practical information

2017/18

# FAIRSTART's INSTRUCTOR EDUCATION

## ABOUT FAIRSTART FOUNDATION

Fairstart offers high quality teaching material for caregivers in children's institutions and foster care systems.

Our vision is to create happy and healthy children, who can contribute to society in positive and constructive ways.

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HELP CHILDREN SAVE THE WORLD

## Need to know before course start

We are looking forward to welcoming you in our instructor class. Below, you will find all the information you need to prepare your participation in the course.

### THE CAREGIVER GROUP

Before the online course begins, you or your organisation must arrange an agreement with a caregiver group that wishes to know more about the fundamental practices and to gain better competences in their work with vulnerable children and youth.

The group should consist of 4-20 caregivers (depending on your experience as a teacher) who work with and care for vulnerable and/or traumatized children and youth placed in group settings.

During the instructor education, you train the caregivers six times in three-hour sessions (se activity overview on page 3).

### FINDING AND MOTIVATING CAREGIVERS

It is important to communicate this offer as a common dialogue-based learning process that can strengthen the staff group's common social and professional foundation since they and you will include your professional experience and knowledge in practice.

The focus is on reflections and group discussions that promote the staff's understanding of own childhood experiences with loss and separation, which may be a huge help in the work with neglected children and youth.

The course matches level 5 in the European Qualifications Framework.

**COURSE START:**
Stay updated on our webpage: www.fairstartfoundation.com

**PRICE:**
The instructor education is 999 USD per person.
Until December 31st 2017 we offer a 25 % introduction discount.

**INTRODUCTION PRICE:**
749,75 USD

As instructor student, you educate yourself while educating a group of caregivers. You are provided with knowledge about motivational, learning and organizational theory, which makes you able to train a group of caregivers.

Hence, you do not need to have experience in this area; look at it as a common learning process of which you are the organiser and facilitator.

## WHAT IS IN IT FOR THE STAFF GROUP?

- A strengthened common social and professional work foundation
- Expanded knowledge about attachment-based childcare
- Room for reflecting upon own childhood experiences with loss and separation that they can use in their professional work
- Increased familiarity with the individual children's challenges and needs through group discussions and reflection assignments
- The opportunity to create common work models based on the individual child's needs
- Training on their work place location and thus no transport costs
- Free research-based teaching material of high quality

## ONLINE EDUCATION

Participating in the instructor education requires that you engage online with the other students. You become part of an online class, where you and your fellow students support each other and receive online support from Fairstart during the whole education.

The primary online assignments consist of peer assessments, where you give and receive feedback on a number of reflection questions that everyone needs to answer.

The instructor lessons are not live, but consist of a number of video lectures, which you may watch, when it suits you, as long as all deadlines are kept.

Since all activities, unless the training of caregivers, take place online, instructor students may participate from all over the world, making the sharing of experiences broad and varied.

## ENROLLMENT

Go to www.fairstartinstructor.com. Click on Certified Instructor Education – Group Care. Click on the blue button ADD CIE101 TO CART, and complete the payment procedure. Remember to type in the discount code: intro.

When you have completed the payment, you will receive an email with your enrolment code and a guide. Please notice: purchasing the course and enrolling in the course are two different procedures. Your payment is valid for any class, so you do not have to enrol in the first class starting after your purchase.

## CERTIFIED EDUCATION

When you have passed the course, you'll receive a certificate documenting your completion of the Certified Instructor Education. You will also become part of an international instructor network.

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# STRUCTURE AND TIME FRAME OF THE COURSE

| MODULE | ACTIVITY | TIME FRAME |
|---|---|---|
| **Introduction module**<br><br>Week 1+2 | Read introduction material, present yourself to your fellow students (online) | 2-3 hours |
| | Conduct Scorecard Interview 1 with your caregiver group (physical meeting) | 2 hours |
| | Learn to perform a training session, learn evaluation techniques (online) | 1-2 hours |
| **Module 1**<br><br>Week 3+4<br><br>**Theme: Introduction to the caregivers' learning** | Before the training session: theory, multiple choice, learn to perform training session 1 (online) | 3 hours |
| | Perform training session 1 with caregiver group (physical meeting) | 3 hours |
| | After the training session: answer reflection questions, give peer feedback (online) | 2 hours |
| **Module 2**<br><br>Week 5+6<br><br>**Theme: Understanding basic attachment theory** | Before the training session: theory, multiple choice, learn to perform training session 4 (online) | 3 hours |
| | Perform training session 4 with caregiver group (physical meeting) | 3 hours |
| | After the training session: Answer reflection questions and give peer feedback (online) | 2 hours |
| **Module 3**<br><br>Week 7+8<br><br>**Theme: How to practice professional caregiving** | Before the training session: theory, multiple choice, learn to perform training session 5 (online) | 3 hours |
| | Perform training session 5 with caregiver group (physical meeting) | 3 hours |
| | After the training session: answer reflection questions, give peer feedback (online) | 2 hours |
| **Module 4**<br><br>Week 9+10<br><br>**Theme: Insecure attachment responses in children** | Before the training session: theory, multiple choice, learn to perform training session 6 (online) | 3 hours |
| | Perform training session 6 with caregiver group (physical meeting) | 3 hours |
| | After the training session: answer reflection questions, give peer feedback (online) | 2 hours |
| **Module 5**<br><br>Week 11+12<br><br>**Theme: Continuity in institutional care** | Before the training session: theory, multiple choice, learn to perform training session 9 (online) | 3 hours |
| | Perform training session 9 with caregiver group (physical meeting) | 3 hours |
| | After the training session: answer reflection questions, give peer feedback (online) | 2 hours |
| **Module 6**<br><br>Week 13+14<br><br>**Theme: Teenagers and leaving the institution** | Before the training session: theory, multiple choice, learn to perform training session 12 (online) | 3 hours |
| | Perform training session 12 with caregiver group (physical meeting) | 3 hours |
| | After the training session: answer reflection questions, give peer feedback (online) | 2 hours |
| **Module 7**<br><br>Week 15+16 | Final meeting with the staff group: Conduct Scorecard Interview 2 (physical meeting) | 2-3 hours |
| | Exam assignment (online) | 3-5 hours |
| | Peer feedback (online) | 2 hours |
| **Total of** | | **60-65** hours |

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## FREE DEMO

Try out a free demo of the instructor education by visiting www.fairstartinstructor.com and choose "Free demo". You will be asked to create a free account with your e-mail and password of your own choosing. Click "Sign In" and then "Enroll in Demo".